



HERBED ARANCINI DI RISO WITH TOMATO AND BASIL PISTOU

PAIRED WITH 2011 LAZY RIVER PINOT NOIR

YIELD:18-20 BALLS INGREDIENTS:

1 Tbsp. Olive oil 2 Tbsp. Butter

½ cup½ cup½ cup½ cupWhite wine

Approx. 4 cups Vegetable stock, hot

1 Tbsp. Fresh Italian parsley, chopped 1 tsp. Fresh thyme leaves, minced \(\frac{1}{2} \) tsp. Fresh rosemary leaves, minced

To taste Salt and pepper

To finish:

2 Tbsp. Butter

½ cup Reggiano Parmesiano cheese, grated

½ pound Sharp cheese, like provolone

As needed Flour

As needed Eggs, blended
As needed Panko breadcrumbs

As needed Peanut oil 2 cups Tomato sauce

½ cup Basil pistou (see recipe)

METHOD:

- 1. Heat the butter and olive oil in a large, heavy sauté pan.
- 2. Add the onion and cook until clear (do not brown).
- 3. Add the rice and cook until it browns slightly and has absorbed the oil about 3-5 minutes.
- 4. Add the wine and stir until absorbed then begin adding the hot stock 1 cup at a time. Stirring constantly until absorbed before adding additional stock to the rice. This process will take 20 minutes or so. Use as much stock as needed to reach the proper consistency.
- 5. When the rice is all dente (to the tooth tender with a firm center), remove the pan from the heat and add the butter, cheese, parsley, thyme and rosemary.
- 6. Spread mixture on a cookie pan in an even layer and cool to room temperature or refrigerate until needed.
- 7. Scoop ½ cup (2 tablespoons) of the risotto mixture and place it in the palm of your hand (wet your hand to keep the rice from sticking) to form a ball.
- 8. Push a cube of cheese into the center of the risotto ball and cover with an additional teaspoon of risotto to envelop the cheese. Roll into a ball and place on a cookie tray with parchment paper and continue to make the remaining balls.
- 9. Coat the balls in flour, then egg, then bread crumbs. Set aside and bread remaining balls.
- 10. Heat peanut oil (2 inches deep) in a heavy pan until 365° F.
- 11. Fry the risotto balls until golden brown.
- 12. Serve immediately or set aside and reheat in 325° F oven and plate with tomato sauce and basil pistou.

BASIL PISTOU, YIELD: 3/4 CUP INGREDIENTS:

1½ cups Basil, fresh, 2 cloves Garlic

½ cup Extra Virgin Olive oil

½ cup Pecorino Romano, freshly grated

To Taste Salt and freshly ground black pepper

METHOD:

- Combine the basil and garlic in a food processor and pulse to combine.
- 2. Slowly add the olive oil in a constant stream while the food processor is on. Do not over process because the olive oil will turn bitter. Stop to scrape down the sides of the food processor with a rubber spatula.
- 3. Add the grated cheese and pulse again until blended. Add a pinch of salt and freshly ground black pepper to taste.
- 4. Store refrigerated in a plastic container topped with a thin coating of olive oil for up to 1 week or freeze up to 1 month.